

Our Aim

To meet the identified need for cost-effective and outcome-driven therapeutic rehabilitation treatment within local communities, the Shardale Group in partnership with Inward House Projects (IHP) are now offering individuals the opportunity to undertake Shardale's community based therapeutic treatment programme whilst residing in a shared, recovery housing tenancy managed by IHP.

Shardale Limited (Company Number: 06838966)

Inward House Projects Limited is a registered charity in England and Wales (Registration Number 1075954)

For further advice and information contact:

Shardale Admissions Team
3 Fleet Street
Preston
PR1 2UT
Tel: 01772 824160
info@shardalerehab.co.uk
www.shardalerehab.co.uk

Or

Inward House Projects
St James House
St James Street
Accrington
BB5 1LX
Tel: 01254 872761
info@inwardhouse.co.uk
www.inwardhouse.co.uk



Shardale Therapeutic Communities

working in partnership with



Providing Innovative Treatment Options

Rehabilitation Programme

Programme participants will undertake Shardale's intensive, structured, community recovery programme located in Preston City Centre - equivalent in its course content to Shardale's successful residential programmes. Participants attend the Shardale Community Programme Monday to Friday, 10.00am to 3.00pm, usually for a minimum period of six months.



Recovery Housing Programme

As well as attending Shardale's Community Programme, participants will enter into a tenancy agreement with IHP and reside on a shared basis at one of IHP's refurbished and fully furnished homes which are located within walking distance of Preston City Center and Shardale's premises. IHP homes provide a gateway to independent living, where tenants will be supported by IHP Housing Support Workers to develop their life skills.

What happens to my IHP tenancy on completion of the therapeutic programme?

IHP shared, recovery housing tenancies can continue on completion of the Shardale rehabilitation programme, giving individuals the security to maximize their potential for sustainable recovery in their chosen community.

Am I still eligible for IHP supported, recovery housing if I undertake a Shardale residential programme?

In joint working with IHP, Shardale actively promotes residential programme participants to consider supported housing placement with IHP. The additional support and housing security offered by IHP projects will enhance your aftercare plans and maximise your recovery potential.